



FREE MEALS in Greater Newburyport Area

Monday	<p>Among Friends at St. Paul's Church 166 High St., Newburyport Tel: 978-465-5351 Call for delivery by Noon</p>	Takeout and delivery of dinner from 5:00 pm - 5:45 pm
	<p>Annunciation Greek Orthodox Church 7 Harris St, Newburyport Tel: 978-2706089</p>	Take out Lunch from 11:30 am to 12:00 pm
	<p>Rowley Council on Aging 39 Central St, Rowley 978-948-7637 Call if you need a ride</p>	Drop-in starting at 11:30
	<p>The Salvation Army 40 Water St., Newburyport Tel: 978-465-0883</p>	Drop-in Coffee and Pastries 9:00 am until gone
Tuesday	<p>Among Friends at St. Paul's Church 166 High St., Newburyport Tel: 978-465-5351 Call for delivery</p>	Takeout and delivery of lunch from 11:15am - 12:30pm
	<p>Immaculate Conception Church St Louis Hall 42 Green Street, Newburyport Tel: 978-462-2724</p>	Dine-in or Takeout dinner from 4:45 pm - 5:30 pm.
Wednesday	<p>The Salvation Army 40 Water St., Newburyport Tel: 978-465-0883</p>	Drop-in Coffee and Pastries 9:00 am until gone Takeout lunch from 11:00 am – 12:30 am
	<p>Our Neighbors' Table at Main St Congregational Church. 145 Main St., Amesbury Tel: 978-388-1907 Monthly Menu posted HERE</p>	Table service or takeout dinner from 4:00 pm - 6:00 pm
Thursday	<p>The Salvation Army 40 Water St., Newburyport Tel: 978-465-0883</p>	Drop-in Coffee and Pastries 9:00 am until gone Walk-in dinner from 5:00 - 6:00 pm
Friday	<p>Among Friends at St. Paul's Church 166 High St., Newburyport Tel: 978-465-5351 Call For delivery call</p>	Takeout and delivery of lunch from 11:15 am - 12:30 pm
Saturday	<p>Central Congregational Church 14 Titcomb St., Newburyport Tel: 978-465-0533</p>	Takeout breakfast from 8:00 am - 10:00 am

Sunday	Old South Presbyterian Church 29 Federal Street, Newburyport Tel: 978-465-9666	Takeout lunch from 11:30 -12:30pm from the door on School St
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Meals on Wheels - For homebound individuals aged 60+ or qualified adults with disabilities, Meals on Wheels is available. Sign up through Elder Services of Merrimac Valley at **800-892-0890**.